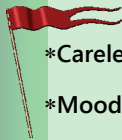




YOUR OPINION MATTERS

Red Flags to look for
Changes in your child's
behavior including:



- *Carelessness with grooming
- *Mood changes
- *Deteriorating relationships with family or friends
- *Changes in academic performance
- *Increased absenteeism
- *Lost interest in sports or other favorite activities
- *Changes in eating or sleeping activity
- *Depression
- *Anxiety
- *Suicidal thoughts

For more information,
Contact Jennifer Zambito
at GCASA (585) 815-1880
or jzambito@gcasa.org



What is Marijuana?

It is usually dried or shredded leaves, stems, seeds, and/or flower buds from the Cannabis Sativa plant. Stronger forms of Cannabis include; sensemilla, hashish (or hash), and hash oil. All of these include THC, a mind altering substance.

How is it used?

Marijuana can be smoked, ingested or vaporized. Sometimes when marijuana is smoked it is laced with PCP or Crack Cocaine. When smoked, the effects are immediate. It rapidly reaches all organs, including the brain. The effects can last for 1-3 hours.

The effects of Marijuana use?

- ◆ Short term memory loss
- ◆ Poor coordination
- ◆ Slowed reaction time
- ◆ Increased appetite or "the munchies"
- ◆ Elevated heart rate and blood pressure
- ◆ Dilation of pupils
- ◆ Increased anxiety, fear, distrust, and panic
- ◆ Possible hallucinations and delusions
- ◆ Loss of personal identity



Are there withdrawal symptoms?

Yes, symptoms of withdrawal are irritability, difficulty sleeping, anxiety and cravings.

Genesee County Data

- ◆ 19.9% of 12th graders believe there is no risk of harm if they smoke marijuana 1 to 2 times a week.
- ◆ 88.2% of 11th graders believe their parents think it is wrong to smoke marijuana.

Other Facts

According to Partners for a Drug Free America Attitude Tracking Study, 67% of youth ages 13-17 say losing their parents respect is one of the main reasons they don't smoke marijuana.