

# PALCOHOL

## What is Palcohol?

Palcohol is alcohol in powdered form. Mixing Palcohol with 6 ounces of liquid such as water, juice, or soda, creates an alcoholic drink. Palcohol will be more difficult to detect and regulate than traditional alcohol because it can be easily concealed. Parents, law enforcement and educators will be faced with increasing challenges of monitoring this new form of alcohol. Some states, including New York, have already taken the steps to ban the product.

## What does it Look Like?

Palcohol comes in powder form and is sold in foil pouches. Varieties available are Rum, Vodka, Cosmopolitan, Lemon Drop, Mojito, and Powderita. Each pouch contains the equivalent of one shot of alcohol.

## How is it Abused?

Palcohol is designed to be dissolved in liquid and ingested orally. Opponents fear however, that Palcohol users may be tempted to sprinkle on food, snort, inhale, inject or smoke the product.

## What are the Health Hazards?

Alcohol is a central nervous depressant. It is absorbed immediately into the bloodstream and begins to effect the body right away. Alcohol can lower a user's coordination, inhibitions, judgment, and reactions. Too much alcohol can cause blackouts, alcohol poisoning, and drunk driving crashes, all of which can be life-threatening. Long term or heavy users may develop Cirrhosis, a chronic disease of the liver, which can also be life-threatening.

## Addiction Potential

Long term or heavy users of alcohol have a higher potential risk for addiction (alcoholism), as well as the ability to induce tolerance (more of the drug is required over time to get an equivalent "high").

Genesee/Orleans Council on Alcoholism and Substance Abuse

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