

# DABBING

## **What is dabbing?**

Dabbing is a new way of inhaling concentrated marijuana vapors, known as dabs or butane hash oil (BHO). This wax like concentration is made by extracting the THC from the cannabis through a process that uses butane gas as a solvent.

## **Methods of Use:**

Dabs are usually smoked using a water pipe (bong) or vaporizer pen. A piece of superheated metal or glass instantly vaporizes the dab, creating an intense high from a single inhalation.

## **Street Names:**

Dabs are also called BHO, Butane honey oil, honeycomb, budder, shatter or wax.

## **Effects on the body:**

Users experience increased heart rate, fluctuations in blood pressure, dry mouth, and reddening of the eyes. Paranoia, anxiety, lack of coordination, short-term memory loss and distortions in the perception of time are mind altering effects.

## **Overview:**

Due to the high concentration of THC, just a small amount of BHO is needed to achieve the desired effects. Because of this, some have referred to dabs as the “crack” of marijuana. A user can hallucinate or even pass out from inhaling the product.

## **Items used to prepare BHO:**

Household items such as rubbing alcohol, coffee filters, butane and Pyrex dishes are used in the preparation of BHO.

## **Risks and Precautions:**

\*\* A number of accidents have occurred when people have tried making BHO at home. Because butane is highly flammable. Improper handling practices can lead to fires and explosions.

\*\* Some conceal the waxy BHO by placing it in Carmex lip balm containers or in an e-cigarette and take it to school.



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